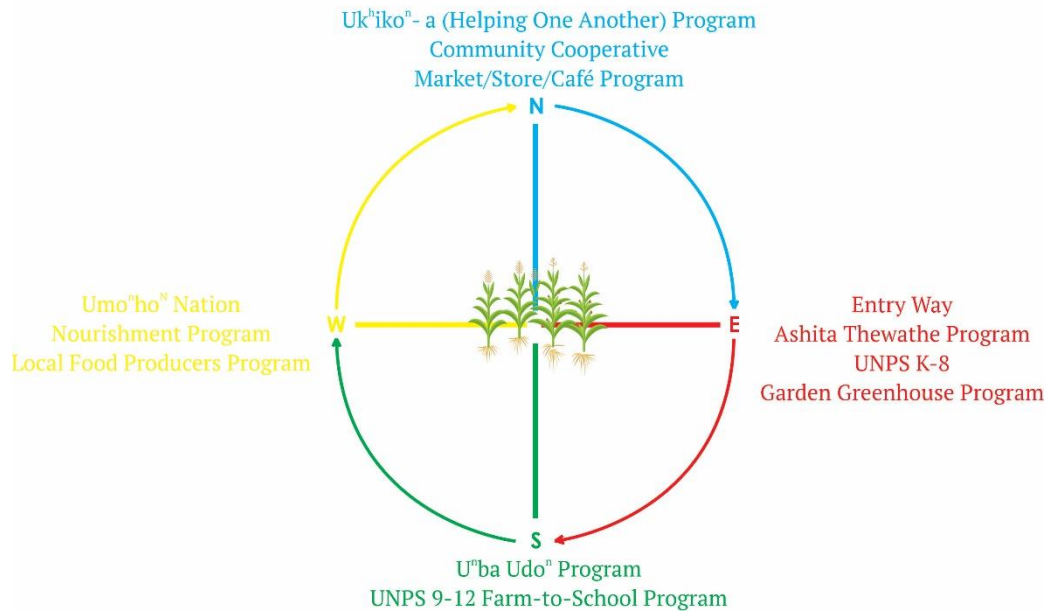


Umo^hoⁿ Nation Food Sustainability Medicine Wheel



Learn about - **Uk^hikoⁿ-a (Helping One Another) Program**

June 30, 2021 from 5:00 pm – 7:00 pm

***Location: Field next to Four Hills of Life Wellness Center,
109 Main Street, Macy, Nebraska***

The Uk^hikoⁿ-a (Helping One Another) Program is an Umo^hoⁿ Nation Food Sustainability Cooperative Program. It is designed to assess the food needs of the Umo^hoⁿ Nation and create community cooperative programs to meet those needs. This survey asks questions regarding food accessibility, nutrition and health. We want to thank you for taking the time to answer these questions. For more information, contact Barry Webster.

**Please help us by completing our survey
and enjoy a good meal.**

